

Year 6		12/04/2024	19/04/2024	26/04/2024	03/05/2024
	Class	Empty the hoop	Tennis ball Balance	Ladder run	Shuttle Run
Torian	6JT				
Tyler	6JT				
Harmon	6MJ				
Manshail	6MJ				
Arad	6MJ				
Mayson	6JT				
Year 5					
Isaiah	5HM				
Daniel	5HM	38.44	00:58		
Kavinijan	5HM	46.54	01:25		
Daksh	5RHH		01:49	53.53	
Kyro B	5RHH		01:44	01:15	
Maya	5RHH	37.5	00:49	58.25	
Kylah	5HM	57.1	00:51		
Kelsey	5RHH	34.69	01:01	45.04	
Year 4					
Oakley	4RF		01:18	52secs	
Kealeigh	4DR	40.35	01:13:00	57	
Li'onell	4DR	36.22	01:30	01:05	
Kayden	4DR	36.9	02:03	01:15	
Gurfateh	4DR	36.56	00:47	56.87	
Patricia	4DR	34.25	00:58	50.18	
Year 3					
Paul	3KM	52.32	01:15	1.07	
Tyler	3JC	40.65	00:59	51	
Francesca	3KM	46.09	00:55	58	
Skyla	3JC	39.29	00:45	54	
Year 2					
Harshpreet	2AH	40.22	01:24		
Miles	2AH	36.37	01:10		
Nathaniel	2AW	37.66	01:34		
Mamasike	2JL	42.88	01:11		

Each week we have been taking a group of children to participate in a physical challenge and recording scores to reattempt these challenges later in the year to see progression. Each week the challenge has been a different focus on physical activity such as speed, agility, balance and coordination.

**Week 1-**

The Children were timed on how long it took to empty 5 bean bags from one hoop into another hoop placed 10m away. This activity was looking at the agility to be able to change direction quickly at speed and their coordination to ensure swift pick up and drop offs of the beanbags.

**Week 2-**

This was a timed challenge to complete a 40m loop while balancing a tennis ball on the racket to test the children's balance and coordination skills while moving.

**Week 3-**

The children had to step in and out of each space of an agility ladder with the objective to collect a bean bag and bring it back to the start as quickly as possible. This week was looking at their agility and speed to bring the beanbag back as quick as they could while stepping in the correct spaces in the agility ladder.