

## **Bilston C of E and the Wolverhampton community games**

### **What is the community games?**

The Community Games presents a unique opportunity to Black Country communities to adopt a more active lifestyle, through sport, physical activity and culture, by giving them the chance to organise a celebration of sporting and cultural activities, and be part of the lasting legacy from the London 2012 Olympic and Paralympic Games.

### **What is the aim?**

To use the games to bring people together to celebrate their own community through sport, culture and physical activity"

Source:

<http://www.communitygames.org.uk/Games/be-active-in-the-black-country>

### **How did Bilston C of E take part?**

On Monday 20<sup>th</sup> and Tuesday 21<sup>st</sup> June, ConnectED held the "Wolverhampton Community Games" welcoming and introduction at Aldersley Leisure Village. This event gave children a deeper insight on the Community games, giving them ideas of bringing people together and staying health and active whilst participating in Sports. This event also gave them opportunities to play and try out different Sports, some of which they may not have tried before.

#### **Monday 20<sup>th</sup> June – Key Stage 1**

On Monday, children from KS1 (Y1 & Y2) travelled to Aldersley Leisure Village for their experience of the Community games. We had taken part in four different activities that were associated with the games, as well as having an opening ceremony with some active dance. The children first of all played "Scoots", where they were playing on a scooter whilst completing agility tasks to work on their co-ordination and safety skills. We then participated in "Yoga" where children had to find different ways to relax, as well as communicating and opening their minds to other people. We then had lunch and participated in a Volleyball session where they were working on sending, receiving and catching. Finally, the last activity children had to take part was cricket when children worked on batting, sending and receiving skills. It was a great day.

#### **Tuesday 21<sup>st</sup> June – Key Stage 2**

On Tuesday, children from KS2 (Y3,Y4 & Y5) travelled to Aldersley Leisure Village for their experience of the Community games. We had taken part in four different activities that were associated with the games. The children first participated in some dodgeball where they had to try and hit static, as well as moving targets to work on their aiming and throwing skills. The second activity was Street Dance, where they had to follow lots of instructions and a routine, to then develop their own routine in their own group using teamwork. We then had lunch, and participated in "Scoots" where they were playing on a scooter whilst completing agility tasks to work on their co-ordination and safety skills. Finally, the children played an activity called "Stingers". This was a Netball game where they introduced sending and receiving in the invasion game and eventually progressed to a Netball game. It was also an amazing day!



## Action Shots

Here are some action shots of our children participating in the activities.



