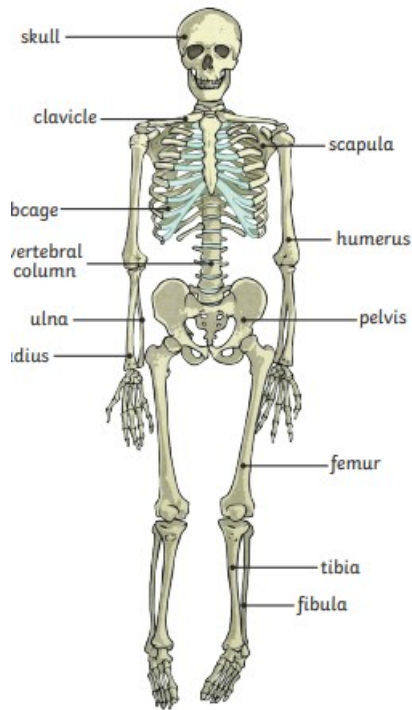


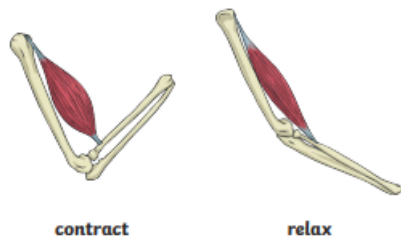
Science Knowledge Map - Spring 2 – Amazing Bodies



Vocabulary

1	Healthy	A good physical and mental condition
2	Energy	Strength to be able to move and grow.
3	Nutrients	
4	Vertebrate	Animals with backbones
5	Invertebrate	Animals without backbones
6	Muscles	Tissues in the body that contract and relax.
7	Joints	Two or more bones are fitted together.

Skeleton



Muscle



Balanced Diet

- Living things need food to grow and to be strong and **healthy**.
- Plants can make their own food, but animals cannot.
- To stay **healthy**, humans need to exercise, eat a **healthy** diet and be hygienic.
- Animals, including humans, need food, water and air to stay alive.