

Spring 2

During Spring 2, we had a four week block at school which was a short term. Due to covering staff members in classes, arranging different jobs around school and in the garden I had very little time to do my SEMH groups and my healthy groups, therefore when I had chance I took children out of class to take part in Rainbow hour activities, as well as doing the daily mile.

<h3>Focuses for groups</h3>	<p>SEMH Groups Focus</p> <p>Autumn 1 – Communication (developing social skills)</p> <p>Autumn 2 – Resilience (developing emotions)</p> <p>Spring 1 – Teamwork (forming relationships with friends)</p> <p>Spring 2 – Self –esteem (building our confidence)</p> <p>Summer 1 – Pupil voice (leadership)</p> <p>Summer 2 - Perseverance (developing a strong mind)</p>	<p>Healthy Groups Focus</p> <p>Autumn 1 – Agility (how much equipment can you retrieve in 30 seconds)</p> <p>Autumn 2 – Co-Ordination (how many throws and catches can you do in 30 seconds)</p> <p>Spring 1 – Balance (60 seconds on each leg to balance)</p> <p>Spring 2 – Throwing (how many targets can you hit in 60 seconds)</p> <p>Summer 1 – Jumping (speed bounce 60 seconds)</p> <p>Summer 2 – Co-ordination (how many skips can you do until failure)</p>
<p>This slide will show you the focus for each group over the specific terms</p>		

The focuses for my groups were self-esteem for my SEMH groups, as well as throwing for healthy groups, developing co-ordination and accuracy of throwing. Children had very little sessions with myself due to being busy over this period. Therefore, this is being pushed into Summer 1. In summer 1 children in my SEMH groups and healthy groups will repeat what they have done in this term due to not having as much time, however with a slightly different focus.

The SEMH Group will still focus of self-esteem and confidence, as well integrating a pupil voice into our work, through the use of the “Shooting Stars” active literacy books, which this term was Aladdin for the EYFS and KS1 children, whereas KS2 looked at the Avengers action booklet. Through these games and activities, they will develop their interaction to give themselves more confidence to work with others, and develop relationships, in order to hopefully develop opinions and let children have a “pupil voice”.

The healthy groups will still be focusing on the throwing aspect and co-ordination, developing their technique and accuracy of their throw, in order to hit targets. Their main task is to hit as many as they can within 60 seconds.